



<b>不</b>	
T P	
Z	
O Co	ontent
UP	• • •

Did You Know	P
Upcoming Events	1
Community Activities	1
Community Celebrity	2
Employee Spotlight	3
Family Traditions: Recipes	3
Past Events	4
Win an Experience	5

### Connect with us!

Stay up to date with what is happening around our community.

Like, Comment, Share! TRADITIONS OF BEAVERCREEK.

TRADITIONSOFBEAVERCREEK.COM

### Did You Know...

TRADITIONS OF BEAVERCREEK incorporates, in conjunction with group activities, the innovative Behavior-Based Ergonomics Therapy (BBET) Program to improve the quality of life for our residents with Dementia and Alzheimer's. The BBET Program has received 6 National Awards and uses Ergonomics and Neuroscience to help us achieve our goal of minimizing the use of behavioral medications. This exciting program provides therapeutic activities including music, videos, cognitive stimulation, and memory props to engage residents in a way that is customized to their interests and capabilities. Our secured memory care neighborhood allows residents to live independently while remaining within the comfort of a secured environment. The goal is to support and maximize daily life for all who are in our care.

Experience our Memory Care Neighborhood yourself, call Mark Sharp today to schedule your private tour, at 937-427-6220.





In September



#### COFFEE AND **CONVERSATION**

Join us the first Thursday of each month at 10 am Location: The Coffee Hub at 10 am 3375 Dayton Xenia Rd., Beavercreek, OH 45432



## **CELEBRATE** NATIONAL ASSISTED LIVING WEEK



## OKTOBERFEST VON TRADITIONS 2021

Wear your lederhosen and celebrate! Traditional Oktoberfest fare and German Beer will be provided, with entertainment by McGovern Irish Dance!

Location: Traditions of Beavercreek -The Back Patio from 5-6:30pm



### MONTHLY **DEMENTIA EDUCATION SERIES**

-On-Line Event - If you have any questions prior to the event, please call: 937.427.6220

**ZOOM Meeting: 6:30 -7pm** 







Celebration of Life









**Bernice** was born in Whiteville, Tennessee.

She is the oldest of eight children: six girls and two boys. Her father was a farmer, and her mom was a housewife. Her favorite time as a child was to go with her father to the different markets to sell his produce, and she enjoyed climbing up in the front seat of the truck.

Bernice graduated from Allen White High school in Whiteville. She then attended and graduated from college at Tennessee State in Nashville, where she received her Bachelor of Arts degree in Elementary Education.

While attending college, she met her future husband, Lee Collins (his friends called him Pete). He was a member of the ROTC, enlisted in the Airforce, and then became an electrical engineer. They were each other's life partner and were married for 36 years. They went on to have two daughters and a granddaughter.

After graduation and enlistment., she taught school for four years in California at Edwards Airforce Base, where he was stationed. He was later transferred to Wright Patterson Air Force Base in Dayton, Ohio, where she taught school at Beverly Gardens Elementary School District.

While at Edwards Air Force Base, a group of officers formed a very close bond with Bernice and her husband. This close-knit group of officers still meet every 18 months to reminisce and catch up with the latest family updates. The item Bernice is holing below was provided while she hosted the group in Dayton, Ohio. They've stayed in touch all these years and are still close friends.

Since June 2nd, 2018, Traditions of Beavercreek has been home to Bernice. Her favorite dessert is Cheesecake, and she enjoys playing Bingo, Crafts, and Board games with her fellow residents and friends.

From the Staff here at Traditions of Beavercreek, it is an Honor to know you!

Do you want to nominate a Community Celebrity? Email us at: MarkSharp@traditionsmgmt.net

# SPOT LIGHT



# Terry Rybicki Director of Activities

**Terry** has been with Traditions of Beavercreek since the doors opened! Prior to Traditions, Terry was born in Frankfurt, Germany and moved to Menomonee Falls, Wisconsin where she spent her childhood years. Her father came to Ohio to work for the Chrysler Corporation. She is blessed with two daughters and 8 grandchildren, and an adorable cat named Diamond. Her favorite part of the workday is when she first arrives. "The smile on the residents faces and their warm hellos, start the day the right way!" Her favorite activity memory was when the residents went to a Dragons game and a resident's daughter met them at the game with her great grandkids. The smiles, laughs and memories made by three generations that evening was priceless! Thank you, Terry for making each day better for our residents and staff here at Traditions.

### **Root Beer Float Pie**





#### **INGREDIENTS**

1 carton (8 ounces) frozen reduced-fat whipped topping, thawed, divided

3/4 cup cold diet root beer

1/2 cup fat-free milk

1 package (1 ounce) sugar-free instant vanilla pudding mix

1 graham cracker crust (9 inches)

Maraschino cherries, optional



1. Set aside & refrigerate 1/2 cup whipped topping for garnish.

2. In a large bowl, whisk root beer, milk and pudding (mix for 2 minutes.)

3. Fold in half the remaining whipped topping.

4. Spread into graham cracker crust.

5. Spread remaining whipped topping over pie.

\* Freeze for at least 8 hours or overnight. Dollop reserved whipped topping over each serving; top with a maraschino cherry if desired. **ENJOY!** 

# KEEPINGS PAST EVENTS























# Keeping Up traditions

### Connect with us!

Stay up to date with what is happening around the community. Like, Comment, Share! TRADITIONS OF BEAVERCREEK



Every family has their traditions . . . Traditions can be a part of yours.

800 Grayson Lane, Beavercreek, OH 45430 TRADITIONSOFBEAVERCREEK.COM

Mark Sharp - Community Relations Director • TRADITIONS OF BEAVERCREEK Phone: (937) 427-6220 • MarkSharp@traditionsmgmt.net Jennifer Gibbs - Executive Director • TRADITIONS OF BEAVERCREEK Liz Bowen - Independent Living Director • TRADITIONS OF BEAVERCREEK