

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

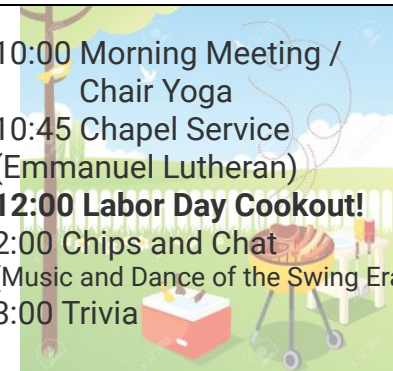
Saturday

SEPTEMBER

10:00 Morning Meeting /
Chair Aerobics
11:00 Jig Saw Puzzles
2:00 Snack
3:00 Bingo



10:00 Morning Meeting /
Chair Yoga
10:45 Chapel Service
(Emmanuel Lutheran)
12:00 Labor Day Cookout!
2:00 Chips and Chat
(Music and Dance of the Swing Era)
3:00 Trivia



10:00 Morning Meeting /
Chair Aerobics
11:00 Picture Bingo : Sports
2:30 Popcorn and a Movie



10:00 Exercise
11:00 Brain Games
3:00 Craft



World Beard Day

10:00 Exercise
11:00 Devotions
3:00 Brain Benders

National Pet Rock Day

10:00 Morning Meeting /
Chair Aerobics
11:00 Brain Games:
A to Z Picnic
3:00 Manicure Mondays



Labor Day
Rosh Hashanah Begins

10:00 Morning Meeting /
Dance Fitness
11:00 Brain Games
1:00 Choir
3:00 Craft and Snack



10:00 Morning Meeting /
Chair Aerobics
11:00 Jig Saw Puzzles
2:00 Milkshakes
3:00 Bingo



10:00 Morning Meeting /
Chair Yoga
11:00 Brain Games:
2:00 Chips and Chat
(Roosevelt and the Teddy Bear)
3:00 Trivia



Teddy Bear Day

10:00 Morning Meeting /
Chair Aerobics
11:00 Picture Bingo : Nature
2:30 Popcorn and a Movie



10:00 Exercise
11:00 Brain Games
3:00 Craft

10:00 Exercise
11:00 Devotions
3:00 Brain Benders

Grandparents Day

10:00 Morning Meeting /
Chair Aerobics
11:00 Brain Games:
A to Z Animals
3:00



10:00 Morning Meeting /
Dance Fitness
11:00 Brain Games
1:00 Choir
3:00 Craft and Snack



10:00 Morning Meeting /
Chair Aerobics
11:00 Jig Saw Puzzles
2:00 Milkshakes
3:00 Bingo

Yom Kippur Begins



10:00 Morning Meeting /
Chair Yoga
11:00 Coloring Pages
2:00 Chips and Chat
(Baseball: America's Pastime)
3:00 Trivia



10:00 Morning Meeting /
Chair Aerobics
11:00 Picture Bingo : Animals
2:30 Popcorn and a Movie



10:00 Exercise
11:00 Brain Games
3:00 Craft

Oktoberfest Begins

10:00 Exercise
11:00 Devotions
3:00 Brain Benders

Pirate Week!!!

International Talk Like a Pirate Day

10:00 Morning Meeting /
Chair Aerobics
11:00 Brain Games:
A to Z Pirates
3:00 Manicure Monday



Sukkot Begins

10:00 Morning Meeting /
Dance Fitness
11:00 Pirate Brain Teasers
1:00 Choir
3:00 Craft and Snack



10:00 Morning Meeting /
Chair Aerobics
11:00 Jig Saw Puzzles
2:00 Milkshakes
3:00 Bingo

Autumn Begins

10:00 Morning Meeting /
Chair Yoga
11:00 Coloring Pages : Pirates
2:00 Chips and Chat
(Sea Shanties and Pirate Stories)
3:00 Trivia



10:00 Morning Meeting /
Chair Aerobics
11:00 Picture Bingo : Pirates
2:30 Popcorn and a Movie



10:00 Exercise
11:00 Brain Games
3:00 Craft

10:00 Exercise
11:00 Devotions
3:00 Brain Benders

10:00 Morning Meeting /
Chair Aerobics
11:00 Brain Games
A to Z
3:00 Spa Day (Hand Massages
and Face Masks)



10:00 Morning Meeting /
Dance Fitness
11:00 Brain Games
1:00 Choir
3:00 Craft and Snack
(Fall Color Paper Chains)



Simchat Torah Begins

10:00 Morning Meeting /
Chair Aerobics
11:00 Jig Saw Puzzles
2:00 Milkshakes
3:00 Bingo



10:00 Morning Meeting /
Chair Yoga
11:00 Coloring Pages
2:00 Chips and Chat
(Fashion of the 30's and 40's)
3:00 Trivia

