

Sunday

Monday

Tuesday











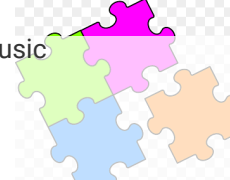
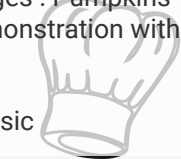











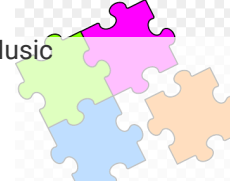
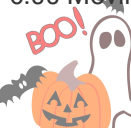

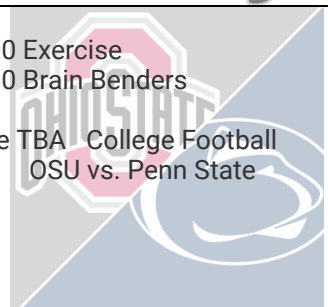

Wednesday

Thursday

Friday

Saturday

October 2021

					<p>10:00 Exercise: Chair Aerobics 11:00 Picture Bingo: 2:30 Movie and Popcorn 6:00 Moving to Music</p>  <p>World Smile Day</p>	<p>2 10:00 Exercise 11:00 Brain Benders 3:30 College Football on the Big Screen OSU vs. Rutgers</p> 
<p>3 10:00 Exercise 11:00 Devotions 1:00 Football Game on the Big Screen Browns vs. Vikings</p> 	<p>4 10:00 Exercise: Chair Aerobics 11:00 Brain Games: A-Z Animals 2:00 Read Aloud Story 3:00 Manicure Mondays 6:00 Moving to Music</p> <p>National Taco Day</p>	<p>5 10:00 Exercise: Dance Fitness 11:00 Brain Benders: 1:00 Last Chord Choir 3:00 Craft and Snack 6:00 Moving to Music</p>  <p>National Do Something Nice Day</p>	<p>6 10:00 Exercise: Chair Aerobics 11:00 Jig Saw Puzzles 2:00 Milkshakes and Music 3:00 Bingo 6:00 Moving to Music</p> 	<p>7 10:00 Exercise: Chair Yoga 10:45 Chapel Service (Emmanuel Lutheran Church) 2:00 Chips and Chats 3:00 Card Games 6:00 Moving to Music</p> 	<p>8 10:00 Exercise: Chair Aerobics 11:00 Picture Bingo: 2:30 Movie and Popcorn 6:00 Moving to Music</p>  <p>National Hero Day</p>	<p>9 10:00 Exercise 11:00 Brain Benders 12:00 College Football on the Big Screen OSU vs. Maryland</p> 
<p>10 10:00 Exercise 11:00 Devotions 1:00 Football Game on the Big Screen Bengals vs. Packers</p> 	<p>11 10:00 Exercise: Chair Aerobics 11:00 Brain Games: A to Z Fall Things 2:00 Bus Ride 3:00 Manicure Mondays 6:00 Moving to Music</p> <p>Columbus Day (US)/ Indigenous Peoples' Day</p>	<p>12 10:00 Exercise: Dance Fitness 11:00 Brain Benders: Idioms 1:00 Last Chord Choir 3:00 Craft and Snack 6:00 Moving to Music</p> 	<p>13 10:00 Exercise: Chair Aerobics 11:00 Jig Saw Puzzles 2:00 Milkshakes and Music 3:00 Bingo 6:00 Moving to Music</p> 	<p>14 10:00 Exercise: Chair Yoga 11:00 Coloring Pages : Pumpkins 2:00 Cooking Demonstration with Chef Drew 3:00 Trivia 6:00 Moving to Music</p>  <p>National Dessert Day</p>	<p>15 10:00 Exercise: Chair Aerobics 11:00 Picture Bingo: 2:30 Movie and Popcorn 6:00 Moving to Music</p> 	<p>16 10:00 Exercise 11:00 Brain Benders 12:00 College Football on the Big Screen Michigan State vs Indiana</p> 
<p>17 10:00 Exercise 11:00 Devotions 1:00 Football Game on the Big Screen Bengals vs. Lions</p> 	<p>18 10:00 Exercise: Chair Aerobics 11:00 Brain Games: A to Z Fruit and Veggies 2:00 Read Aloud Story - Edgar Allen Poe Short Stories 3:00 Manicure Mondays 6:00 Moving to Music</p>	<p>19 10:00 Exercise: Dance Fitness 11:00 Brain Benders: State Capitals 1:00 Last Chord Choir 3:00 Craft and Snack 6:00 Moving to Music</p> 	<p>20 10:00 Exercise: Chair Aerobics 11:00 Jig Saw Puzzles 2:00 Milkshakes and Music 3:00 Bingo 6:00 Moving to Music</p> 	<p>21 10:00 Exercise: Chair Yoga 11:00 Coloring Pages : Pumpkins 2:00 Chips and Chats 3:00 Card Games 6:00 Moving to Music</p> 	<p>22 10:00 Exercise: Chair Aerobics 11:00 Picture Bingo: 2:30 Movie and Popcorn 6:00 Moving to Music</p> 	<p>23 10:00 Exercise 11:00 Brain Benders Time TBA College Football OSU vs. Indiana</p> 
<p>24 10:00 Exercise 11:00 Devotions 1:00 Football Game on the Big Screen Bengals vs. Ravens</p> 	<p>25 Happy Birthday Dorothy S!! 10:00 Exercise: Chair Aerobics 11:00 Brain Games: A to Z Halloween 2:00 Bus Ride 3:00 Manicure Mondays 6:00 Moving to Music</p> 	<p>26 10:00 Exercise: Dance Fitness 11:00 Brain Benders: What Am I? 1:00 Last Chord Choir 3:00 Craft and Snack (Halloween Masks) 6:00 Moving to Music</p> 	<p>27 10:00 Exercise: Chair Aerobics 11:00 Jig Saw Puzzles 2:00 Milkshakes and Music 3:00 Bingo 6:00 Moving to Music</p> 	<p>28 10:00 Exercise: Chair Yoga 11:00 Coloring Pages : Pumpkins 2:00 Trick or Treat 3:00 Halloween Games! 6:00 Moving to Music</p> 	<p>29 10:00 Exercise: Chair Aerobics 11:00 Picture Bingo: 2:30 Movie and Popcorn 6:00 Moving to Music</p> 	<p>30 10:00 Exercise 11:00 Brain Benders Time TBA College Football OSU vs. Penn State</p> 
<p>31 10:00 Exercise 11:00 Devotions 1:00 Football Game on the Big Screen Bengals Vs. Jets</p>  <p>Halloween</p>	<p>Type the name, address, and other information about your community/company here.</p>					