

November 2021



KEEPING TRADITIONS

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Stay up to date with what is happening around our community.

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TRADITIONSOFBEAVERCREEK.COM

Want to take a tour?

Email us at: MarkSharp@traditionsmgmt.net

JOIN
US

NOVEMBER

MON 29

MONTHLY DEMENTIA EDUCATION SERIES

-On-Line Event - If you have any questions prior to the event, please call: 937.427.6220

ZOOM Meeting: 6:30 -7pm

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NOVEMBER IS

Gratitude Month



WOW! November is already here. Can you feel the swift wind of the end of fall creeping under your front door? Are you pulling out all of your layers in preparation of the impending chill? As we begin November, I want you to know we are beginning a really special time of the year. I am sure you are aware that the holidays are approaching, but we are going to challenge you to think differently this holiday year. We want to be a different voice in your head. Sure, we will talk about gift giving some as we always do, but we want to really talk about giving, gratitude, and gathering as a complete package during these next few months.



That said, as part of the final month of fall, we want to focus on Gratitude for the month of November. It is a natural fit, most likely it isn't a surprising theme. We know it seems like we just lacked imagination, but we want to **REALLY** dive into Gratitude this month. We really want us as a community to focus on the things that make us feel grateful. We also want to help you remain in that mindset this month in hopes that a change will happen, a change that carries into your year. We wholeheartedly believe each month and season is meant to teach a small lesson that can deeply alter our perspective and year. These things can give us small doses of something that we can add into our lives indefinitely.



With gratitude and thanksgiving, we say, "**Thank You**" for trusting us with the care of your loved one. If you are still looking for the right place for your parents or loved one, look no further than Traditions of Beavercreek. Every family has their traditions. Traditions can be a part of yours.



COMMUNITY CELEBRITY

Lorraine Anthony²

My life began a long time ago... February 19, in Beaver Falls, Pennsylvania, weighing in at 9lbs. of cuteness. I was the oldest of 4 children: 2 brothers and 1 sister. My father was Hungarian, and my mother was Polish. I was 10 years old when we as a family moved from Warren, Ohio to Arizona (because of my father's health.) We lived in a silver Stream-Air house trailer in a trailer park for 6 months while searching for a home. I've sung in a church choir since I was 10 yrs. old.

I attended grade school through high school in Mesa, graduating in 1953. I attended Grand Canyon College in Phoenix, a southern Baptist College for 2 years, Where I met this wonderful guy named Bruce. I found out that he was preparing to be a Preacher. We served about a dozen churches plus 30 moves. He obtained a

master's degree and a PhD. We had 4 daughters together.

In May 2005, our life took an awful blow! My husband was diagnosed with brain cancer. He survived 6 years. Throughout all of these past years, I've led senior adult ladies in Sunday School. I was a Seamstress for a music theater in Wichita, at Friends University. I also am a seamstress for my daughter and her student musicals.

I moved into Traditions of Beavercreek on January 2, 2018. I've made so many friends here and have been able to help and shape so many lives. Three years ago, I asked if Traditions had a music program. I then I found myself organizing a music group for the residents! A resident named Laferne came up with the name of our resident choir "The Last Chord" matching our lives now. Many say that singing every Wednesday helps to make you happy, soothes our hearts and calms our life. I love my family, 4 daughters, 12 grandchildren, 3 great grandchildren and 2 great great grandsons. My favorite Bible verse is: "For I know the plans I have for you; declares the Lord, plans to prosper you and not to harm you. Plans to give you a hope and a future." Jeremiah 29:11



The Last Chord Practicing in October

Do you want to nominate a Community Celebrity?

Email us at: MarkSharp@traditionsmgmt.net

EMPLOYEE SPOTLIGHT



Liz Bowen

Independent Living Director

Liz has a bachelor's degree in Advertising and Public Relations from Pensacola Christian College and volunteered as an Activities Director assistant at a senior living community before coming to Beaver Creek. "I was immediately drawn to this beautiful campus. But the fact that Traditions places genuine care and compassion for residents first was what stayed with me. Caring for others is a noble profession and something I've wanted to be involved with since I was a child." Liz and her husband have been married since 2018 and share their home with their black Lab, two cats and two guinea pigs.

Mulled Cider

This recipe is a family tradition of Chef Andrew

INGREDIENTS

16 cups (1 gallon) apple cider
1/4 cup light brown sugar
1 teaspoon allspice
Pinch grated nutmeg
2 teaspoons whole cloves
1 orange
Cinnamon sticks, for garnish *optional*



- DIRECTIONS**
1. In a large pot over medium heat, add the apple cider. Stir in the brown sugar, allspice and nutmeg until the sugar is dissolved and bring to a low boil.
 2. Stick the pointy ends of the cloves into the orange so that just the buds of the cloves are visible. The entire orange should be covered with the cloves.
 3. Add the orange to the cider and reduce the heat to simmer. Cover and continue cooking for 20 minutes.

Optional Serve in warm mugs with a cinnamon stick garnish. For adults, add bourbon to the cider. **ENJOY!**

KEEPING PAST EVENTS



Do you have pictures of the community you would like to showcase?
Email us at: MarkSharp@traditionsmgmt.net

5 Things You May Not Know About Veterans Day

It's "Veterans Day" not "Veteran's Day" for a good reason. The lack of the apostrophe might seem like a semantic choice, but it has a definite and deliberate meaning. According to the U.S. Department of Veteran Affairs, Veterans Day is not a day that belongs to veterans, it is a day for honoring veterans directly in front of us right now.

Veterans Day in October? that's right, Veterans Day used to be celebrated on the fourth Monday of October. In 1968, Congress passed the uniform Monday holiday bill, which stated that Washington's Birthday, Memorial Day, Columbus Day, and Veterans Day would all be celebrated on Mondays. The reason for doing so was to create three-day weekends, which hopefully encouraged travel and other recreational activities that would help stimulate the economy. However, many states did not agree with the change, particularly for Veterans Day, which holds significant historic and patriotic significance. And so, on September 20, 1975, President Gerald Ford signed Public Law 9497, which returned the enemy observance of Veterans Day to November 11, beginning in 1978.

Happy Armistice Day...wait what? became Veterans Day in 1954. Although today we all know it as Veterans Day, November 11 was originally called "Armistice Day" in recognition of the armistice agreement that ended WWI on November 11, 1918. While WWI was called "the war to end all wars," it failed to do just that. By the early 1950s, millions of Americans had served in WWII in the Korean War. So, in an attempt to be more inclusive and honor this younger generation of veterans' service, Armistice Day was changed to Veterans Day June 1, 1954.

96-hour Liberty Marines celebrate their service birthday and Veterans Day with a 96-hour liberty. November 10 marks Marine Corps birthday, an event that is generally celebrated with a traditional ball and a cake cutting ceremony. Since this special day falls the day before for Veterans Day, many Marines celebrate both holidays together with a 96 hour liberty period.

Let's rename... A group once pushed to rename then-Armistice Day as "Mayflower Day." Following the outbreak of WWII and the revelation that WWI did not end all wars, the idea of commemorating Armistice Day began to fall out of favor with a small group of Americans led by Dr. Francis Carr Stifler of the American Bible Society. The group proposed that Armistice Day be officially replaced with Mayflower Day since the signing of the Mayflower Compact took place on November 11, 1620. They argued that this whole name would be far more appropriate since the Mayflower Compact was the cornerstone upon which the Declaration of Independence and the Bill of Rights stood. Of course, the group's ideas did not catch on, and Armistice Day eventually became the Veterans Day that we know today.

HONORING Our Community Veterans THANK YOU!

In November, we celebrate our Veterans.

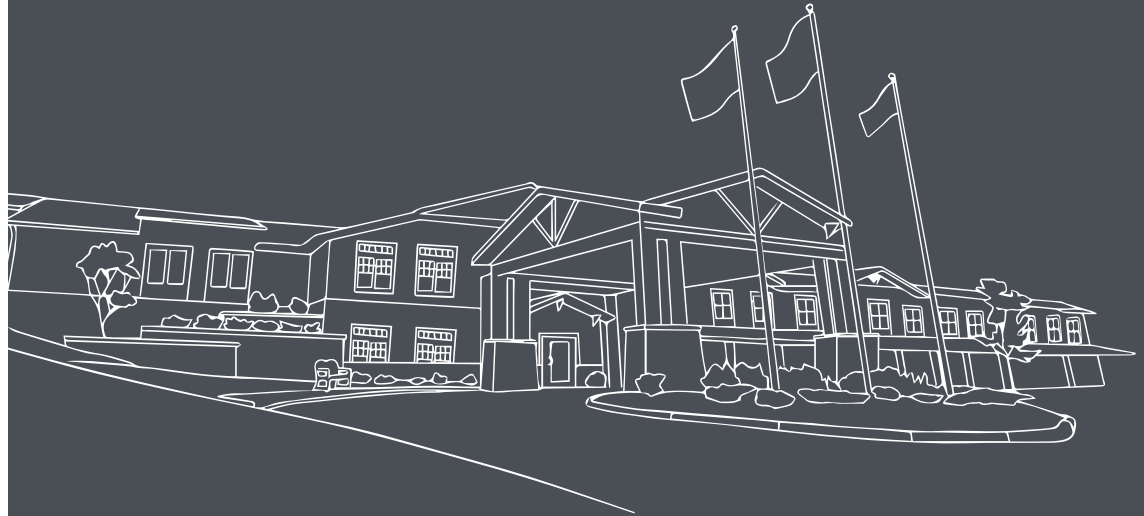
Veterans Day is a time for us to pay our respects to those who have served. For one day, we stand united in respect for you, our veterans. This holiday started as a day to reflect upon the heroism of those who died in our country's service and was originally called Armistice Day. It fell on Nov. 11 because that is the anniversary of the signing of the Armistice that ended World War I. It was formally recognized on the "11th hour, of the 11th day, of the 11th month" in 1918. However, in 1954, the holiday was changed to "Veterans Day" in order to account for all veterans in all wars. We celebrate and honor America's veterans for their patriotism, love of country and willingness to serve and sacrifice for the common good.



Our Veterans at Traditions of Beaver Creek.

At Traditions of Beaver Creek, we pay honor and respect to our current veterans who live in our community with our Veteran Wall. Each veteran has their own picture with their name, rank, and branch of the military.

Thank you to all who have & are currently serving! God Bless You and God Bless America!



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Every family has their traditions . . . Traditions can be a part of yours.

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